

POINTS SYSTEM



Water Reduction Challenge 2022

Apply the points system below to track the amount of water you use each week during April. The goal is to earn as many points as possible, and you may add points based on positive actions for the environment. Add these to your weekly total.

Respect the flow!



FOOD/KITCHEN:

- Consuming beef/pork: -10 points
- Consuming poultry: -5 points
- Consuming dairy or eggs: -3 points
- Handwashing dishes: -2 points
- Food waste: -2 points



BATHROOM/HYGIENE:

- Long showers: -3 points if longer than 5 minutes
- Double-flushing the toilet: -1 point
- Leaving sink on while brushing teeth: -1 point
- Leaving faucet/sink on while shaving: -1 point
- Taking a bath: -3 points



MATERIAL CONSUMPTION:

- New item of clothing: -5 points
- Purchase of single-use plastic bottle: -10 points



POSITIVE POINTS FOR POSITIVE ACTIONS:

- Make your own household cleaner: 5 points (per product)
- Conversation about water or sustainable behaviors: 20 points
- Watch an eco-themed documentary/read a book or news article: 5 points
- Participate in campus/community sustainability event: 10 points
- Full laundry load: 2 points
- Wear clothes multiple times without washing: 2 points



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WHAT OTHER ENVIRONMENTALLY
CONSCIOUS ACTIONS DID YOU TAKE
THIS WEEK? SHARE IT WITH US!

QUESTIONS? CONTACT US AT
ISEESUSTAINABILITYCHALLENGE@GMAIL.COM